

## Sports Plus 3 x 3 Rules of the Game

Season Length – 5-week season followed by 1 week playoff

All players must be 18 years of age to participate

Game Days will be Tuesday and Thursday evenings. Each team will play two games either on Tuesday or Thursday each week.

### 1. Teams

- a. Teams playing in the Male or Female division shall consist of 4-5 players (3 players on the court and 1-2 substitutes).
- b. Teams playing in the coed divisions shall consist of 4-5 players with a minimum of 2 rostered female players. One female player is required to always play. If a team only has 1 female player present, then they must play the entirety of the game.

### 2. Game officials

- a. The game officials shall consist of 1 referee that will also act as the time/score keeper.

### 3. Beginning of the game

- a. Both teams shall warm-up simultaneously prior to the game.
- b. A coin flip shall determine which team gets the first possession. The team that wins the coin flip can either choose to benefit from the ball possession at the beginning of the game or at the beginning of a potential overtime.
- c. The game must start with three players on the court.

### 4. Scoring

- a. Every shot inside the arc shall be awarded one 1 point.
- b. Every shot behind the arc shall be awarded 2 points.
- c. Every successful free throw shall be awarded 1 point.

### 5. Playing time/Winner of a game

- a. The regular playing time shall be as follows: one period of 21 minutes playing time. The clock shall be stopped during dead ball situations and free throws. The clock shall be restarted after the exchange of the ball is completed (as soon as it is in the offensive team's hands).
- b. However the first team which scores 21 points or more wins the game if it happens before the end of regular playing time. This rule applies to regular playing time only (not in a potential overtime).
- c. If the score is tied at the end of playing time, an extra period of time will be played. There shall be an interval of 1 minute before the overtime starts. The first team to score 2 points in the overtime wins the game.

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- d. A team shall lose the game by forfeit if at the scheduled starting time the team is not present on the playing court with 3 players ready to play. In case of a forfeit, the game score is marked with w-0 or 0-w ("w" standing for win).
- e. A team shall lose by default if it leaves the court before the end of the game, or all the players of the team are injured and/or disqualified. In case of a default situation, the winning team can choose to keep its score or have the game forfeited, whilst the defaulting team's score is set to 0 in any case.
- f. A team losing by default or a tortuous forfeit will be disqualified from the competition.

### 6. Fouls/Free throws

- a. A team is in a penalty situation after it has committed 6 fouls. After a team has reached 9 team fouls, any subsequent foul will be considered technical. For the avoidance of doubt, players are not excluded based on the number of personal fouls subject to the Disqualification section below.
- b. Fouls during the act of shooting inside the arc shall be awarded 1 free throw, whilst fouls during the act of shooting behind the arc shall be awarded 2 free throws.
- c. Fouls during the act of shooting followed by a successful field goal shall be awarded 1 additional free throw.
- d. Team fouls 7, 8 and 9 shall always be awarded with 2 free throws. The 10th and any subsequent team foul as well as technical and unsportsmanlike fouls will be always awarded with 2 free throws and ball possession. This clause is applied also to fouls during the act of shooting and overrules 6.b and 6.c.
- e. Possession is kept after the last free-throw derived from an unsportsmanlike or technical foul and the game shall continue with an exchange of the ball behind the arc at the top of the court.

### 7. How the ball is played

- a. Following each successful field goal or last free throw (ex section 6.e):
  - i. A player from a non-scoring team will resume the game by dribbling or passing the ball from inside the court directly underneath the basket (not from behind the end line) to a place on the court behind the arc.
  - ii. The defensive team is not allowed to play for the ball in the "no-charge semi-circle area" underneath the basket.
- b. Following each unsuccessful field goal or last free throw (ex section 6.e):
  - i. If the offensive team rebounds the ball, it may continue to attempt to score without returning the ball behind the arc.
  - ii. If the defensive team rebounds or steals the ball, it must return the ball behind the arc (by passing or dribbling).

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- c. Possession of the ball given to either team following any dead ball situation shall start with an exchange of the ball (between the defensive and the offensive player) behind the arc at the top of the court.
- d. A player is considered to be "behind the arc" when neither of his feet are inside nor step the arc.
- e. In the event of a jump ball situation, the defensive team shall be rewarded the ball.

### **8. Stalling**

- a. Stalling or failing to play actively (i.e. not attempting to score) shall be a violation.
- b. If the court is not equipped with a shot clock and a team is not sufficiently trying to attack the basket, the referee shall give them a warning by counting the last 5 seconds.

### **9. Substitutions**

Substitutions can be done by any team when the ball becomes dead, prior to the check-ball. The substitute can enter the game after his teammate steps off the court and establishes a physical contact with him. Substitutions can only take place behind the end line opposite the basket and substitutions require no action from the referees or table officials.

### **10. Time-outs**

One 30-second time-out is granted to each team. A player can call the time-out in a dead ball situation.

### **11. Disqualification: Unsportsmanlike Behavior and Fighting**

Players and Spectators are asked to remain calm. The use of profanity, vulgarity, taunting and the verbal abuse of players and or officials will not be tolerated. Any such incidents will be penalized with a technical foul. Any repeated conduct of this type will result in an immediate ejection of the player(s) or spectator(s) involved from the facility. Players and or spectators involved will be subject to disciplinary action.

Fighting will not be tolerated. Anyone involved in a fight will be suspended a minimum of one game and or be banned from the league. Sports Plus may also disqualify the entire team from the event team from the event depending on the other team members' contribution (also through non-action) to the aforementioned behavior.

Any type of disciplinary action, including but not limited to suspensions and ejections will be at the sole discretion of Sports Plus.